

Useful Numbers

DISASTER—USEFUL NUMBERS ON REVERSE

Updated 15/01/2024

EMERGENCY NUMBERS

Police/Fire/Ambulance	000
TTY (24 hour)	106
Police Link	131 444
Poisons information Centre (24 Hours)	131 126

COUNSELLING

Alcohol, Tobacco & Other Drugs Service	1800 177 833
Cancer Helpline	13 11 20
Centacare	1300 672 273
Lifeline (24 Hours)	131 114
MensLine Australia (24 hours)	1300 789 978
NQ Domestic Violence Resource Service	4721 2888
Parentline	1300 301 300
Red Nose (Previously SIDS & KIDS)	1300 308 307
Relationships Australia - Victims	1300 364 277
Sexual Assault Helpline	1800 010 120
Suicide Call Back Service	1300 659 467
Women's Centre	4775 7555

EDUCATION/LITERACY

James Cook University	4781 4111
Reading Writing Hotline	1300 655 506
TAFE North Qld	1300 308 233
Townsville Flexible Learning Centre	4724 9600
Townsville Library Service - Aitkenvale	4727 8310
Townsville Library Service - City	4727 9666
U3A Townsville	4724 3530

EMERGENCY RELIEF ASSISTANCE

North Townsville Community Hub	4751 6511
Salvos Connect (National)	1300 371 288
Salvation Army Aitkenvale	4779 3791
Salvation Army Condon	4417 4600
St Vincent De Paul Assistance (BNE)	1800 846 643

HOUSING AND ACCOMMODATION

Accommodation Support & Respite Services	4796 6900
Regional Housing Limited	4772 5530
Feat (Family Emergency Accommodation)	4772 1450
Iris Clay Hostel	3151 8720 4772 3649
QLD Statewide Tenant Advice & Referral Service	1300 744 263
Red Cross Homelessness Services Hub	4795 2980
Sharehouse Youth Program	4771 5346
Townsville Housing Service Centre - QLD Govt	4724 8500
Yumba Meta Ltd	4723 5611

HEALTH SERVICES

Hearing Australia Townsville	4771 9100
Child, Youth & Family Health Services	4433 9000
Child & Youth Mental Health Services	4433 9004
13 HEALTH (24 hour Health Info & Advice)	13 43 25 84
Immunisation (Child Health)	4433 9000
Medicines Line	1300 633 424
Oral Health Services Townsville	1300 300 850
Selectability (Mental Health & Wellbeing)	4724 6800
Sexual Health Services	4433 9600
Townsville Aboriginal & Islander Health	4759 4000
Townsville Community Health Services	4433 9500
True (Reproduction & Sexual Health)	4051 3788

SHELTERS

Althea Projects - Wee Care	4779 3332
Iona House	4773 6202
Oz Care	1800 692 273
Townsville Aboriginal & Islander Youth Shelter	0419 632 088
Women's Shelter (Women's Centre)	4775 7555

LEGAL SERVICES

Indigenous Legal Hotline	1300 650 143
Legal Aid QLD (Townsville)	1300 651 188
NQ Women's Legal Service Inc	4772 5400
Townsville Community Law	4721 5511
Youth Legal Aid (Legal Aid QLD)	1800 527 527

MULTICULTURAL SERVICES

Multicultural Australia	0431 129 194
Townsville Multicultural Support Group	4775 1588

PARENTING & FAMILY SUPPORT

Bubs 2 Bratz Nursery Hire	4728 4323
Centacare North Queensland Townsville	1300 672 273
Child Safety Regional Intake Services	1300 706 147
Family & Child Connect	13 32 64
Services Australia - Families & Parents	13 61 50
Services Australia - Child Support	13 12 72
Services Australia - Medicare	13 20 11
Family Relationship Centre (Centacare)	1300 672 273
Play Matters	1800 007 529
Relationships Australia	1300 364 277
Save the Children Australia—54 reasons	4773 0400
Uniting Care Community QLD	1300 096 203
Young Parent Programs (QYS)	4771 4339