

USEFUL NUMBERS

EMERGENCY NUMBERS

POLICE/FIRE/AMBULANCE	000
TTY (24 hour)	106
Police Link (no urgent property crime)	13 14 44
Police stations & police beats available in most suburbs	
Townsville District Office Mundingburra	4726 8666
Poisons Information Centre (24 hrs)	13 11 26

COUNSELLING

Alcohol, Tobacco & Other Drugs Service	1800 177 833
Cancer Helpline	13 11 20
Centacare	1300 672 273
Lifeline (24 hrs)	13 11 14
MensLine Australia (24 hrs)	1300 789 978
NQ Domestic Violence Resource Service... ..	4721 2888
Parentline	1300 301 300
Red Nose (prev. SIDS & Kids)	1300 308 307
Relationships Australia - victims.....	1300 364 277
Sexual Assault Helpline.....	1800 010 120
Suicide Call Back Service.....	1300 659 467
Womens Centre.....	4775 7555

EDUCATION / LITERACY

James Cook University	4781 4111
Reading Writing Hotline.....	1300 655 506
TAFE Qld North	1300 308 233
Townsville Flexible Learning Centre.....	4724 9600
Townsville Library Service Aitkenvale	4727 8310
City.....	4727 9666
U3A Townsville.....	4724 3530

EMERGENCY RELIEF ASSISTANCE

North Townsville Community Hub	4751 6511
Salvos Connect (National).....	1300 371 288
Salvation Army Aitkenvale.....	4779 3791
Condon.....	4723 5607
St Vincent De Paul Assistance (BNE)	1800 846 643

HEALTH SERVICES

Australian Hearing Townsville	4771 9100
Child, Youth & Family Health Services.....	4433 9000
Child & Youth Mental Health Services	4433 9004
13 HEALTH (24hr Health Info & Advice) ...	13 43 25 84
Immunisation (Child Health)	4433 9000
Medicines Line.....	1300 633 424
Oral Health Service.....	4433 9900
Selectability (Mental Health & Wellbeing) ...	4724 6800
Sexual Health Services	4433 9600
Townsville Aboriginal & Islander Health.....	4759 4000
Townsville Community Health Services.....	4433 9500
Townsville Hospital.....	4433 1111
True (Reproduction & Sexual Health)	4031 6017
Women's Health and Equality QLD	1800 017 676

HOUSING / ACCOMMODATION

Accommodation Support & Respite Services	4796 6900
Regional Housing Limited	4772 5530
FEAT (Family Emergency Accom)	4772 1450
	4772 2686
	4724 1995
Iris Clay Hostel	3151 8720
	4772 3649
Qld Statewide Tenant Advice & Referral Service	1300 744 263
Red Cross Homelessness Services Hub	4795 2980
Sharehouse Youth Program.....	4771 5346
Townsville Housing Service Centre.....	4724 8500
Yumba Meta Housing Association Ltd	4723 5611

SHELTERS

Althea Projects (prev Wee Care).....	4779 3332
Iona House	4773 6202
Oz Care	1800 692 273
Townsville Aboriginal & Islander Youth Shelter	4724 3396
Women's Shelter (Women's Centre).....	4775 7555

LEGAL SERVICES

Indigenous Legal Hotline	1300 650 143
Legal Aid Qld (Townsville).....	1300 651 188
NQ Women's Legal Service Inc	4772 5400
Townsville Community Law	4721 5511
Youth Legal Aid (Legal Aid Qld)	1300 651 188

MULTICULTURAL SERVICES

Diversicare Advisory Service.....	4723 1470
Townsville Intercultural Centre	4772 4800
Townsville Multicultural Support Group.....	4775 1588

PARENTING & FAMILY SUPPORT

Bubs 2 Bratz Nursery Hire.....	4728 4323
Relationships Australia Centacare	4755 0322
Child Safety Regional Intake Services	1300 706 147
Family & Child Connect.....	13 32 64
Services Australia Families & Parents.....	13 61 50
Child Support	13 12 72
Medicare	13 20 11
Family Relationship Centre (Centacare)	1300 672 273
	4722 9000
Play Matters	1800 007 529
Relationships Australia	1300 364 277
Save the Children Australia.....	4773 0400
Uniting Care Community Qld.....	1300 096 203
Young Parent Programs (QYS).....	4771 4349